



# New Zealand Health Education Association

The New Zealand Health Education Association (NZHEA) is a professional non-profit organisation that has been supporting the **teaching and learning** of Health Education in New Zealand for 30 years. We are a **committed and supportive** network of health educators, **run by members for members** under the leadership of a dedicated and experienced Executive Committee.

## REASONS TO JOIN NZHEA:

ONE:

### ADVOCACY

Being part of an organisation advocating for Health Education in NZ.

TWO:

### REPRESENTATION

National representation for issues relating to Health Education.

THREE:

### REDUCED FEES

Discounted members' rates for annual conference in collaboration with PENZ and EONZ.

FOUR:

### NEWSLETTER

'Hauora Matters' magazine featuring a range of articles & resources, published 4 times a year.

FIVE:

### ONLINE RESOURCES

A range of 'Member Only' resources on the NZHEA website.

SIX:

### CLUSTER GROUPS

Opportunities to become involved in existing clusters or set up new ones, including possible clusters online.

SEVEN:

### ONLINE PRESENCE

NZHEA website, Facebook page and active Twitter presence.

EIGHT:

### SECONDARY FB GROUP

Closed Facebook Secondary-only group for sharing and collaborating.

NINE:

### KAIĀRAHI SUPPORT

Access support from our part-time health education leader/advisor.

TEN:

### PRACTICE EXAMS

NCEA practice exams and schedules for the Health Education external assessments.

**Annual membership is only \$80 for all health educators in a school.**

To join, go to: <http://healtheducation.org.nz/join/>

If you have any queries email NZHEA at [admin@healtheducation.org.nz](mailto:admin@healtheducation.org.nz)



[twitter.com/nzhea](https://twitter.com/nzhea)



[facebook.com/nzhealtheducation](https://facebook.com/nzhealtheducation)



[@nzhealtheducationassociation](https://www.instagram.com/nzhealtheducationassociation)



# Introducing the New Zealand Health Education Association (NZHEA)

Kia ora. We are the subject association for Health Education teachers in New Zealand schools. We pride ourselves on being pro-active and being responsive to our members' needs to provide high-quality advice, guidance and resources to support Health Education teaching and learning. Some recent work to support Health Education teachers includes:

- A new website
- Contracting our kaiārahi (subject leader/advisor) for one day a week
- Networks of expertise funding from the MoE (2018-2020)
- Publication of a comprehensive T&L resource for mental health and resilience (years 11-13)
- Publication of a comprehensive T&L resource for Alcohol and Drug Education (years 9-11)
- A successful TRCC conference attended by over 100 teachers
- Guidance to support teachers with new specifications for Level 2 NCEA exams, HPE scholarship and policy considerations for teaching about pornography
- Making or enhancing connections with a wide range of agencies and interest groups
- Being involved in planning for the 2019 Primary Teachers' Conference in Wellington.

In 2019, in addition to 'business as usual', we plan to:

- Publish a comprehensive T&L resource for sexuality education (years 11-13)
- Expand our Networks of Expertise activities
- Develop a number of resources across a range of Health Education contexts – as needs arise
- Publish a new HPE scholarship resource
- Have a visible conference presence to support teachers of Health Education.

We hope that you will be interested in joining NZHEA, in order for us to have as loud a voice as possible, to continue to develop new resources, and to grow our Health Education community of practice in Aotearoa.

## What do our members say about being part of NZHEA?

"I love the supportive, collaborative environment that essentially role models what we value in Health Education. It promotes a culture of sharing the 'gold' and helping each other through challenges we face."

"The resources provided by so many (through the Facebook group) and on the drive has helped so much this year, being in my first year of teaching with not much in my toolbox."

"I love the responsive nature of the community. Resources you provide when it is apparent they are needed and how the community here on Facebook respond to questions and requests from/to fellow members."

"Being able to bounce ideas off each other, building a local hub community as well as a national one."

"I like the access to resources for exam preparation, and the fact that you always know what's happening in the Health Education world. When I wasn't a member I felt so lost and alone in this area."

"NZHEA is a strong proactive community with an enthusiastic base of members which also gives NZHEA its strength. A positive is the willingness teachers have to connect, share and to build on ideas through different means for example my Kaiārahi role, cluster meetings or on Facebook. We recognise that there are individual needs and aim to support and develop teachers to reach positive outcomes for their own development and for student achievement." (Debbie Jones: [kaiarahi@healtheducation.org.nz](mailto:kaiarahi@healtheducation.org.nz))