

# Sexuality education and students with special education needs



This sheet has been developed to provide some ideas to support planning and implementation of teaching and learning experiences in sexuality education for students with moderate to high special education needs.

## Background reading:

Milligan, A. (2015). Let's Talk about Sex. *Education Review*. Accessed from: <http://www.educationreview.co.nz/magazine/february-2015/lets-talk-about-sex/#.VX9syLT-uGw>

University of Leeds (2009). *Talking about sex and relationships: The views of young people with learning disabilities*. Accessed from: <http://disability-studies.leeds.ac.uk/files/library/change-final-report-read-copy.pdf>

## Resources:

Resource	Access details
The IHC library is free for New Zealanders, with many resources for teachers	<a href="http://www.ihc.org.nz/resources/our-library/">http://www.ihc.org.nz/resources/our-library/</a>
Exploring Friendships, Puberty and Relationships: A Programme to Help Children and Young People on the Autism Spectrum to Cope with the Challenges of Adolescence (Kate Ripley, 2014).	ISBN: 9781849054393 (available from the IHC library or buy online)
A range of (mostly free) resources from Family Planning New Zealand.	<a href="http://shop.familyplanning.org.nz/people-with-learning-disabilities-resources">http://shop.familyplanning.org.nz/people-with-learning-disabilities-resources</a>
Healthclick "Me" resources – a collection of teaching resources relating to sexuality and relationships for young people with learning disabilities.	<a href="http://www.healthclick.co.nz/me/">http://www.healthclick.co.nz/me/</a>
TKI's 'Inclusive Education' portal	<a href="http://inclusive.tki.org.nz/">http://inclusive.tki.org.nz/</a>
Fact Sheet from Victoria, Australia about sexuality education and young people with intellectual disabilities – examples of what topics to teach and why the learning is important.	<a href="http://www.betterhealth.vic.gov.au/bhcv2/bhc/pdf.nsf/ByPDF/Sex_education_-_young_people_with_intellectual_disabilities/\$File/Sex_education_-_young_people_with_intellectual_disabilities.pdf">http://www.betterhealth.vic.gov.au/bhcv2/bhc/pdf.nsf/ByPDF/Sex_education_-_young_people_with_intellectual_disabilities/\$File/Sex_education_-_young_people_with_intellectual_disabilities.pdf</a>
Canadian information about sexuality education and people with intellectual disabilities.	<a href="http://www.sexualityandu.ca/teachers/teaching-sex-ed-for-youth-with-intellectual-disabilities">http://www.sexualityandu.ca/teachers/teaching-sex-ed-for-youth-with-intellectual-disabilities</a>