# New Zealand Health Education Association (NZHEA)

Annual Report 2018-2019



NZ HEALTH EDUCATION ASSOCIATION

July 6, 2019

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### Our vision, mission statement and values

Vision:	Mission Statement:
Quality Health Education is an integral part of young people's learning, development and achievement.	NZHEA is a community of professionals that operates with excellence, connectedness and leadership to support health education.
Values: Z HEALTH EDUCAT	TION ASSOCIATION

- Learning, Ako: Members provide and promote opportunities for all educators and learners to achieve in Health Education.
- Connectedness, Whanaungatanga: Members collaborate with each other and other organisations to share and develop relationships.
- Leadership, Ngā Manukura: Members advocate for, inspire, and empower educators and learners to support wellbeing.

#### Chairperson's report

Wellbeing is firmly on many people's agendas currently, and at NZHEA we are watching with interest to see what transpires for Health Education from this, in terms of our vision and mission statement.

We continue to work on a number of initiatives from previous years, and we have embarked on some new ones.

NZHEA continues to advocate for Health Education and health teachers if and when issues arise (for example in the media, within the education sector, or across agencies). We are proud of the connections we have established within and outside of education. NZHEA is often called upon to provide media comment, curriculum/assessment expertise or meet with a range of groups/people. We see this as vital to ensuring that consistent, accurate and affirming messages about Health Education are 'put out there'.

A summary of our main activities since last year is as follows:

- We are now halfway through our funding agreement with the Ministry of Education under the Networks of Expertise. The main activities we have been working on in 2019 so far are:
  - Continuing Debbie's kaiarahi role;
  - Supporting teachers (in clusters or one-on-one in schools);
  - Growing membership, social media and online presence;
  - Resource development as resourcing areas of need are identified;
  - NZ Primary teachers' conference and PENZ/EONZ/NZHEA conference
  - Moving to a fortnightly (email) news and twice yearly Hauora Matters
  - Updating our website to provide a more contemporary (and mobile-friendly) interface;
  - Connecting with a range of stakeholders to work on shared interests and advocate for Health Education and health teachers in New Zealand schools.
- We called for nominations for NZHEA executive members and as the number required did not exceed the nominations received no election was necessary. The 2019 NZHEA Executive consists of Jenny Robertson, Annie Macfarlane, Shelley Hunt, Leigh Morgan, Kathryn Wells (North Island) and Rachael Dixon and Vicki Nicolson (South Island). We thank our outgoing executive member, Michelle Ferris, for her service over the past four years.
- Thanks to funding from the Health Promotion Agency/Te Hiringa Hauora, we were able
  to partially fund 9 teachers to attend the 2019 PENZ/EONZ/NZHEA conference and
  ensure a strong Health Education presence through representation on the organising
  committee, a suite of Health Education presentations and workshops, and attendance
  by most members of the newly-formed NZHEA executive.
- Resource development: We continue to develop resources as needs arise. Some of these
  are uploaded to our website as 'open resources'; some of these are member-only.
   Others are uploaded to Facebook. Thank you to Jenny Robertson for updating the 2018
  HPE scholarship guidance document, and producing a new resource containing student
  exemplars for scholarship. Both of these are available on our website.

- Representation/contracts
  - Completed a contract for the Ministry of Education on Health Education teaching and learning resources
  - Developed a resource for the Health Promotion Agency/Te Hiringa Hauora for teachers using 'Play Your Best Card' in Health Education.
  - Representing Health Education on the NCEA review group RAS (Jenny)
  - Attended and presented at the annual PPTA subject association forum
  - Spoke on a panel at a sexuality education symposium Auckland, October 2018 (Kat and Rachael)
  - Sexuality and Health Education experts' group (Rachael) which included a meeting with associate education minister Tracey Martin.
- Primary Teachers' Conference. Vicki Nicolson was involved in the planning and preparation for this conference which was held 15 and 16 April 2019 in Wellington. Health was strongly represented and delivered six well-attended workshops.
- Our social media engagement has continued to increase in the past year. We have over 700 'likes' on our NZHEA Facebook page and over 800 members in our NZHEA Secondary Facebook Group (an increase of 100 and 200 respectively since late 2018). We have over 400 followers on Twitter. The Secondary Facebook group continues to be a very active and supportive community, with many different members asking questions and offering advice to each other.

Rachael Dixon and Vicki Nicolson.

#### Membership information

As of July 3, 2019 our membership is:

- 5 life members (Gillian Tasker, Barbara Bachelor, Barbara Ferguson, Lynne Aldridge, Jenny Robertson).
- 212 paid members, mainly schools, but also organisations, individuals, and students.

NZ HEALTH EDUCATION ASSOCIATION

### 2017 confirmed AGM minutes

Date	11 July 2017
Venue	Papamoa College (PENZ/EONZ/NZHEA conference)
Present	Rachael Dixon, Vicki Nicolson, Dr Jenny Robertson (Life Member), Kat Wells,
	Katie Fitzpatrick, Tania Cotter, Pip Woodward, Hayley McGlashan, Janette
	Merrin, Tracey Clelland, Barb Northey, Lesley-Ann Guild, Libby Paterson, Ali
	Schofield, Rob Gambolati, Raesha Ismail, Philippa Lunjevich, Denise Atkins.
Apologies	Michelle Ferris, Darren Powell, Shelley Hunt, Aaron Scorringe.

Item	Discussion
Welcome	
Minutes of AGM 12/07/2016	Minutes of AGM 12/7/16 tabled.
	Motion –
	It was moved that these minutes be passed as a true and accurate account.
	Tania Cotter/ Kat Wells
Chairperson's report	Rachael and Vicki presented the chairperson's report for 2016. Report
	distributed to members present.
	It was m <mark>oved</mark> that this report be received. Pip/Katie
	Discussion: The report made for really positive reading
	The report made for really positive reading.  HPA really happy with what NZHEA has managed to achieve in a year. This
	adds value to the sector. Well done on a great years' work.
	Conferences for 2017- three different opportunities for PLD –shared with
	PENZ and EONZ in July 2017, TRCC in October, Health Research – May
	Increase <mark>d m</mark> emb <mark>ers</mark> hip in <mark>NZH</mark> EA <mark>can</mark> be attributed t <mark>o Alco</mark> hol and Drug
	resource, practice exams, mail out to all non-member secondary schools
	(240 schools mailed and 10 new members from this).
Annual Accounts for Financial Year	Annual Financial Accounts and report from the auditor were distributed to meeting.
ending 31 March	meeting.
2017	Motion -
NZ HEAL	It was moved that our financial report be received and accepted
NZ HEAL	Rachael/ Libby A I ION ASSOCIATION
	Another 36 members have joined since the end of financial year.
General business	Changes to Constitution
	Moved that the changes to the constitution are accepted
	Jenny/ Pip Agreed
	2. Boards from PENZ, EONZ and NZHEA had a joined meeting at the
	Conference – there is strength in working together.
	3. Vote of thanks to the Exec was given and supported with applause.
	Awards were a great initiative.

Meeting closed 4.25PM.

## **Annual Report**

New Zealand Health Education Association For the Year Ended 31 March 2019

### **Statement of Profit or Loss**

### **New Zealand Health Education Association** For the year ended 31 March 2019

	NOTES 2019	2018
Trading Income		
Sales - New Memberships	635	-
Sales - Renewal Memberships	18,023	14,340
Sales - Other Revenue	637	-
Interest Income	440	17
HPA funding 2019 - Conference Funding (CF)	2,000	-
NoE Income	19,018	19,092
NoE 2018-2020 Income	113,802	-
PLD Income	-	787
Stripe Fees Reimbursements	9	-
Total Trading Income	154,563	34,236
Gross Profit	154,563	34,236
Expenses		
Administration Salaries	6,019	3,512
Advocacy Expenses	116	120
CHESS Expenses	1,596	3,319
Conference Expenses	673	2,153
Consulting & Accounting	1,003	450
Email and Website Expenses	1,158	414
Emerging Leader Expenses	435	500
Executive Expenses	2,742	3,850
General Expenses	282	137
Honorarium Expenses	1,000	1,000
HPA Funding 2019 Expenses - (PYBCR) - Writing and Development	791	-
NoE Exp. Administration and Financial Management Fees	2,913	-
NoE Exp. Building NZHEA Capacity	608	-
NoE Exp. Facilitation Fees	8,168	-
NoE Exp. Kaiarahi Fees	16,857	-
NoE Exp. Other Expenses	1,306	9,586
NoE Exp. Project Management Fees	10,944	-
NoE Exp. Project Monitoring and Evaluation Fees	1,301	-
NoE Exp. Travel Expenses	4,264	-
NoE Pilot Expenses	7,624	_
Postage, Printing & Stationery	537	68
PLD Expenses	52	533
Practice Exams	3,250	-
Prizes	113	-
Resource Development	1,402	10,297
Stripe Fees	15	-

	NOTES	2019	2018
TRCC Expenses		2,855	
Total Expenses		78,023	35,938
Net Profit (Loss) for the Year		76,540	(1,703)

### **Balance Sheet**

### **New Zealand Health Education Association** As at 31 March 2019

	NOTES	31 MAR 2019	31 MAR 2018
Assets			
Current Assets			
Cash and Bank			
Westpac Transaction Account		4,863	9,396
Westpac Online Saver Account		10,606	10,596
Westpac Term Deposits		75,000	-
Total Cash and Bank		90,469	19,992
Accounts Receivable		6,060	-
Total Current Assets		96,529	19,992
Total Assets		96,529	19,992
Liabilities			
Current Liabilities			
GST		1,648	1,652
Rounding		-	-
Total Current Liabilities		1,649	1,652
Total Liabilities		1,649	1,652
Net Assets		94,880	18,340
Equity			
Retained Earnings		94,880	18,340
Total Equity		94,880	18,340

## **Statement of Changes in Equity**

### **New Zealand Health Education Association** For the year ended 31 March 2019

	2019	2018
Equity		
Opening Balance	18,340	20,043
Increases		
Profit for the Period	76,540	(1,703)
Total Increases	76,540	(1,703)
Total Equity	94,880	18,340



#### **Review Report**

#### To the members of the New Zealand Health Education Association

I have examined the books and accompanying financial statements of the New Zealand Health Education Association for the year ending 31 March 2019.

I have obtained all the information and explanations that I required to form my opinion.

In the case of organisations such as this, there is no practical procedure for determining whether all income received has been recorded. Subject to this limitation, in my opinion the financial reports fairly reflect the financial position of the entity as at 31 March 2019.

Joanne G Henderson (B Com)

Accountant 3 July 2019