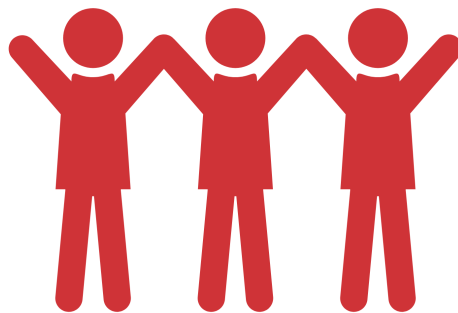


# New Zealand Health Education Association (NZHEA) Annual Report 2019 - 2020



# NZHEA

**NZ HEALTH EDUCATION ASSOCIATION**

**August 6, 2020**

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## Our vision, mission statement and values

<b>Vision:</b>  Quality Health Education is an integral part of young people's learning, development and achievement.	<b>Mission Statement:</b>  NZHEA is a community of professionals that operates with excellence, connectedness and leadership to support health education.
<b>Values:</b>  <ul style="list-style-type: none"><li>• <b>Learning, Ako:</b> Members provide and promote opportunities for all educators and learners to achieve in Health Education.</li><li>• <b>Connectedness, Whanaungatanga:</b> Members collaborate with each other and other organisations to share and develop relationships.</li><li>• <b>Leadership, Ngā Manukura:</b> Members advocate for, inspire, and empower educators and learners to support wellbeing.</li></ul>	

## Chairperson's report

Another year has gone by but our opening statement from last year's annual report is still – and even more so – relevant: “Wellbeing is firmly on many people's agendas currently, and at NZHEA we are watching with interest to see what transpires for health education from this”.

Our strategic plan is up for renewal, but given the upheavals and uncertainties that 2020 has brought to the fore, we plan to wait until the end of the year, or early in 2021, to revise the plan. We in the executive welcome input from all members of the association, in helping us shape our priorities for action moving forward.

We would like to take this opportunity to thank the members of the executive for their time and energy in advocating for health education, the work our secretary Gina does behind the scenes, and Debbie Jones' continued work in the kaiarāhi role. We would also like to thank Jenny Robertson for the high quality PLD she is involved in for and with us, including evaluation reports for our Ministry of Education Networks of Expertise project. Feedback from the MoE is that NZHEA's work is viewed as being extremely high quality.

We were not able to run the annual PENZ/NZHEA/EONZ conference in July this year (where we would usually hold our AGM) but planning is well underway for the event in 2021, in Otago Christchurch. We also had to postpone our TRCC course 'Building Adaptive expertise in health education' which was due to be held in October. This will now take place in April 2021. In place of face-to-face PLD events, we have been pleased to offer a number of online sessions which have arisen to meet specific needs, mainly around planning for NCEA units of learning.

A summary of our main activities since last year is as follows:

- Our original funding agreement with the Ministry of Education under the Networks of Expertise has ended, but the terms of the agreement and funding has been extended to the end of 2020. Since last year, we have:
  - Continued Debbie's kaiarāhi role;
  - Supported teachers (in clusters or one-on-one in schools);
  - Grown our membership, social media and online presence;
  - Developed resources as areas of need are identified. We have published (open access):
    - Support for the 'taking action' Achievement Standards (1.1, 2.3, 3.5)
    - Making connections with Pacific ideas in health education
    - Revised Alcohol and other Drugs year 9-13 resource
    - Revised Scholarship HPE guidance
    - Learning Module for the social determinants of health
    - Teaching and learning about pornography resource.
  - Connected with a range of stakeholders to work on shared interests and advocate for Health Education and health teachers in New Zealand schools.
- In 2020 we received funding from the Health Promotion Agency/Te Hīringa Hauora, to support teachers to attend the 2020 PENZ/EONZ/NZHEA conference. Due to the cancellation of the conference in 2020, this support will be carried over to 2021.

- Member only resources: These consist of planning templates and practice exams for NCEA level courses. As noted above, we have shifted most of our resources to be open-access, but will continue to provide resources for members only.
- Media presence:
  - We pitched an article to the Education Gazette to help promote our *Making Connections* teaching and learning resource. We were thrilled for this work to be showcased in a print and online article: <https://gazette.education.govt.nz/articles/pacific-practices-inform-wellbeing-resource/>
  - Rachael co-authored with Nicki Jackson from Alcohol Healthwatch regarding the alcohol industry and health education in school spaces. While perhaps a controversial viewpoint amongst NZHEA members, this asserts the importance of quality pedagogical actions in health education. <https://www.newsroom.co.nz/2020/06/10/1217253/no-place-for-alcohol-industry-in-classroom>
- Representation on working groups: A lot of this work was put on hold due to COVID-19.
  - Jenny - Sexual violence prevention/health relationships education survey working group, MoE roll out of MHED&H resource (Fitzpatrick, Wells et al, NZCER) – contributing to communications to accompany this, critical input into the proposed credentialing of the School Leavers Toolkit (Evaluation Assoc), curriculum expertise for the healthy food in schools aspects of Healthy Active Learning (Cognition), community consultation document and a selection of AoD resources (Tūturu).
  - Rachael: invited to a working group to discuss re-designing curriculum supports (TKI)
  - Leigh, Rachael and Jenny – Review of Achievement Standards: health education SEG.
- Our social media engagement has continued to increase in the past year. We have 842 'likes' on our NZHEA Facebook page and over 1000 members in our NZHEA Secondary Facebook Group (an increase of 100 and 200 respectively since late 2019). We have over 400 followers on Twitter. The Secondary Facebook group continues to be a very active and supportive community, with many different members asking questions and offering advice to each other.

Rachael Dixon and Vicki Nicolson.

## NZ HEALTH EDUCATION ASSOCIATION

### Membership information

As of August 6 2020 our membership is:

- 5 life members (Gillian Tasker, Barbara Bachelor, Barbara Ferguson, Lynne Aldridge, Jenny Robertson).
- 235 paid members, mainly schools, but also organisations, individuals, and students. This is an increase of 23 members compared with this time last year.

## New Zealand Health Education (NZHEA) Annual General Meeting (AGM) Minutes

<b>Date</b>	October 2 2018 3.50PM	<b>Venue</b>	Quality Hotel, Parnell Auckland
<b>Present</b>	Rachael Dixon, Shelley Hunt, Michelle Ferris, Jenny Robertson, Debbie Jones, Tracy Clelland, Denise Atkins, Jess Lythe, Kata O'Donnell, Annie Macfarlane, Kristin McGill, Hana Crawford-Bowden, Carolyn Rofe, Katie Fitzpatrick, Amanda Hargreaves.		
<b>Apologies</b>	Vicki Nicolson, Kathryn Wells		
<b>Agenda Item</b>	<b>Discussion</b>		
Welcome	Rachael welcomed everyone to the AGM.		
Minutes of AGM held 11/7/2017	<p>Minutes of AGM 11/7/17 tabled.</p> <p>Motion – That the minutes be received. It was moved that these minutes be passed as a true and accurate account. Katie Fitzpatrick, seconded by Jenny Robertson.</p>		
Chairperson's Report	<p>Rachael presented the chairperson's report for 2018. Report distributed to members present.</p> <p>It was moved that this report be received. Michelle Ferris, seconded by Annie Macfarlane.</p>		
Annual Accounts for Financial Year ending 31 March 2018	<p>End of year financial statement and audit report from the accountant were distributed.</p> <p>Discussion around money earned.spent in 2017:</p> <ul style="list-style-type: none"> <li>• Shared NoE pilot with EONZ and HETTANZ – Catherine Kappelle from EONZ managed the finances.</li> <li>• HPA were not in a position to fund NZHEA in 2018, but are open to future requests for funding if NZHEA requires. In 2017, NZHEA used the HPA grant to write/update resources and fund two people to attend the conference in Tauranga.</li> <li>• We have moved to Xero and we are being more investment savvy by putting the majority of our first instalment of NoE money (new project - \$75,000) into two term deposits.</li> <li>• CHESS conference expenses came from excess NoE money (pilot) – building capacity within the executive.</li> <li>• We are trying to be more prudent with executive expenses by having less face-to-face meetings and more regularly meeting online via Zoom.</li> <li>• Contractors – resource development was new resources (mainly the AoD resource).</li> <li>• We have broken our coding down further to make it easier for members to see what we are spending (or earning) money on. This will be even more transparent or easy to track now that we've moved to Xero.</li> </ul>		

	<ul style="list-style-type: none"> <li>The financials will look quite different next year due to (a) Xero, (b) NoE funding.</li> </ul> <p>It was moved that our financial report be received and accepted. Rachael Dixon.</p>
General Business	<ul style="list-style-type: none"> <li>Thank you to Debbie for all her work.</li> <li>Thank you to Jenny for writing the MH resource.</li> <li>Thanks to the TRCC planning committee: Jess Lythe, Kata O'Donnell, Jenny and Rachael.</li> <li>Rachael, Jenny and Kat presented at CHESS in Queenstown.</li> <li>Pornography support resource will be online soon.</li> <li>Our NoE plans: We've developed a two page PDF summary/advertisement for what we plan to offer. Three main workstreams: Kaiārahi role, cluster/teacher support, critical friend model. Plus money for capacity building (exec) and making connections (e.g. involvement in experts group and representing health education when requested).</li> <li>Jenny is writing a significant gender, sexuality, relationships resource.</li> <li>We are mindful of protecting the future of NZHEA by still providing member-only resources (eg exams, some resources) with our membership money.</li> <li>Primary levels – we are wanting to grow capacity in this area. Vicki is representing NZHEA on the PENZ-led PTC in April 2019 and we plan to present there.</li> <li>The future of PLD and on-going funding from the MoE is uncertain.</li> </ul>

Meeting closed: 5.10PM



# **Annual Report**

New Zealand Health Education Association  
For the Year Ended 31 March 2020

# Statement of Profit or Loss

## New Zealand Health Education Association For the year ended 31 March 2020

	NOTES	2020	2019
<b>Trading Income</b>			
Sales - New Memberships		2,713	496
Sales - Renewal Memberships		15,723	17,258
Sales - Student / Individual Memberships		17	-
Sales - Other Revenue		-	637
Interest Income		2,517	440
HPA Income		2,500	-
HPA funding 2019 - Conference Funding (CF)		2,500	2,000
HPA funding 2019 - Play Your Best Card Resource (PYBCR)		5,000	-
MoE Stocktake Income		8,825	-
NoE Income		-	19,018
NoE 2018-2020 Income		32,515	113,802
Stripe Fees Reimbursements		20	9
<b>Total Trading Income</b>		<b>72,331</b>	<b>153,659</b>
<b>Gross Profit</b>		<b>72,331</b>	<b>153,659</b>
<b>Expenses</b>			
Administration Salaries		5,116	6,019
Advocacy Expenses		-	116
CHESS Expenses		-	1,596
Conference Expenses		4,253	673
Consulting and Accounting		1,170	1,003
Email and Website Expenses		108	1,158
Emerging Leader Expenses		-	435
Executive Expenses		4,210	2,742
General Expenses		307	282
Honorarium Expenses		1,187	1,000
HPA Funding 2019 Expenses - (CF) - Funding for Teachers to Attend/Present		5,166	-
HPA Funding 2019 Expenses - (CF) - Funding for NGOs/Others to Present		1,170	-
HPA Funding 2019 Expenses - (CF) - Travel for Executive		506	-
HPA Funding 2019 Expenses - (PYBCR) - Co-ordination and Admin		277	-
HPA Funding 2019 Expenses - (PYBCR) - Review and Checking		225	-
HPA Funding 2019 Expenses - (PYBCR) - Writing and Development		2,850	791
MoE Stocktake Exp: Expenses		97	-
MoE Stocktake Exp: Building the Stocktake		4,115	-
MoE Stocktake Exp: Koha for Teachers		1,561	-
MoE Stocktake Exp: Project Management		1,013	-
MoE Stocktake Exp: Write Up		1,200	-
NoE Exp. Administration and Financial Management Fees		1,498	2,913
NoE Exp. Building NZHEA Capacity		1,466	608
NoE Exp. Facilitation Fees		12,470	8,168



	NOTES	2020	2019
NoE Exp. Kaiarahi Fees		21,468	16,857
NoE Exp. Other Expenses		1,781	1,306
NoE Exp. Project Management Fees		20,417	10,944
NoE Exp. Project Monitoring and Evaluation Fees		-	1,301
NoE Exp. Teacher Release Days (TRD)		2,226	-
NoE Exp. Travel Expenses		5,685	4,264
NoE Pilot Expenses		-	7,624
Postage, Printing and Stationery		177	537
PLD Expenses		-	52
Practice Exams		1,300	3,250
Prizes		-	113
Resource Development		2,985	1,402
Stripe Fees		24	15
Telephone and Internet		114	-
TRCC 2020		281	-
TRCC Expenses		-	2,855
<b>Total Expenses</b>		<b>106,422</b>	<b>78,023</b>
<b>Net Profit (Loss) for the Year</b>		<b>(34,091)</b>	<b>75,636</b>

# Balance Sheet

## New Zealand Health Education Association As at 31 March 2020

	NOTES	31 MAR 2020	31 MAR 2019
<b>Assets</b>			
<b>Current Assets</b>			
<b>Cash and Bank</b>			
Westpac Transaction Account		31,121	4,863
Westpac Online Saver Account		608	10,606
Westpac Term Deposits		25,000	75,000
<b>Total Cash and Bank</b>		<b>56,729</b>	<b>90,469</b>
Accounts Receivable		4,480	5,020
<b>Total Current Assets</b>		<b>61,209</b>	<b>95,489</b>
<b>Total Assets</b>		<b>61,209</b>	<b>95,489</b>
<b>Liabilities</b>			
<b>Current Liabilities</b>			
GST		1,327	1,513
Rounding		(3)	-
<b>Total Current Liabilities</b>		<b>1,323</b>	<b>1,513</b>
<b>Total Liabilities</b>		<b>1,323</b>	<b>1,513</b>
<b>Net Assets</b>		<b>59,885</b>	<b>93,976</b>
<b>Equity</b>			
Retained Earnings		59,885	93,976
<b>Total Equity</b>		<b>59,885</b>	<b>93,976</b>

# Statement of Changes in Equity

New Zealand Health Education Association

For the year ended 31 March 2020

	2020	2019
<b>Equity</b>		
Opening Balance	93,976	18,340
<b>Increases</b>		
Profit for the Period	(34,091)	75,636
<b>Total Increases</b>	<b>(34,091)</b>	<b>75,636</b>
<b>Total Equity</b>	<b>59,885</b>	<b>93,976</b>



## **Review Report**

### **To the members of the New Zealand Health Education Association**

I have examined the books and accompanying financial statements of the New Zealand Health Education Association for the year ending 31 March 2020.

I have obtained all the information and explanations that I required to form my opinion.

In the case of organisations such as this, there is no practical procedure for determining whether all income received has been recorded. Subject to this limitation, in my opinion the financial reports fairly reflect the financial position of the entity as at 31 March 2020.

A handwritten signature in black ink, appearing to read 'J Henderson', enclosed within a large, loopy circular flourish.

Joanne G Henderson (B Com)  
Accountant  
28 June 2020