

New Zealand Health Education Association (NZHEA) Incorporated



2023-2025 Strategic Plan

Incorporated Society registration number: 590751

Vision:

Young people in New Zealand will experience quality health education that meets their learning needs.

Purpose:

To promote, advocate, and support quality health education in New Zealand schools.

Priority areas:

Improve knowledge and understanding of effective health education.

Enhance connectedness between stakeholders in health education.

Provide opportunities to grow leadership capacity.

Values:

Ako | Learning: We value an evidence-based approach to health education.

Whanaungatanga | Connectedness: We value collaboration and supportive professional relationships.

Ngā manukura | Leadership: We value the importance of leadership in advocating for quality health education.

Priority area	2023	2024	2025
Improve knowledge and understanding of effective health education			
<ol style="list-style-type: none"> Advocate for the place and importance of quality health education Provide professional learning and development and resources to support health education teaching 	<ul style="list-style-type: none"> Representing health education when opportunities arise. Review NZHEA position statements (timetabled time, mental health education, RSE). Investigate updating the NZHEA website to provide more dynamic content on the front page. National workshop programme across regions and two-day health education course. Responsive PLD through NEX facilitators. Respond to invitations by stakeholders to support their work. Responsive resourcing to address areas of identified need. 	<ul style="list-style-type: none"> Continue to represent health education when opportunities arise. Develop further position statements if/as required. Being responsive to identified PLD needs in consideration of NCEA and/or curriculum refresh developments. 	<ul style="list-style-type: none"> Continue to represent health education when opportunities arise. Develop further position statements if/as required. Being responsive to identified PLD needs in consideration of NCEA and/or curriculum refresh developments.
Enhance connectedness between stakeholders in health education			
<ol style="list-style-type: none"> Facilitate supportive professional relationships Collaborate strategically with stakeholders 	<ul style="list-style-type: none"> NEX facilitators maintain and grow professional relationships amongst health education teachers. Administration of NZHEA Secondary Facebook group - maintain a supportive online environment and more regularly update the NZHEA Facebook page. Representing health education (subject/teachers) when opportunities arise. Maintain and develop relationships with strategic partners e.g. MoE, Tūturu, Family Planning, HPE subject associations, Health Active Learning. Begin discussions with PENZ and EONZ about a combined HPE conference in 2024. 	<ul style="list-style-type: none"> Continue to maintain and grow professional relationships amongst health education teachers. Continue to maintain a supportive online environment and continue to regularly update the NZHEA Facebook page. Continue to represent health education (subject/teachers) when opportunities arise. Continue to maintain and develop relationships with strategic partners e.g. MoE, Tūturu, Family Planning, HPE subject associations. Contribute to the running of the combined HPE conference. 	<ul style="list-style-type: none"> Continue to maintain and grow professional relationships amongst health education teachers. Continue to maintain a supportive online environment and continue to regularly update the NZHEA Facebook page. Continue to represent health education (subject/teachers) when opportunities arise. Continue to maintain and develop relationships with strategic partners e.g. MoE, Tūturu, Family Planning, HPE subject associations. Begin discussions with PENZ and EONZ about a combined HPE conference in 2026.
Build leadership capacity within health education			
<ol style="list-style-type: none"> Provide opportunities to grow leadership capacity Ensure the sustainability of NZHEA 	<ul style="list-style-type: none"> Trial a fulltime seconded PLD role Through the NEX facilitators, support teachers across NZ to establish or maintain clusters. Review constitution early-mid 2023 in order to make any changes at the AGM in September. Re-register as an association as per Incorporated Societies Act 2022 (and ensure we meet obligations around disputes resolution and XRB financial reporting). Establish executive nominations and election process early 2023 (new executive in place by July). Ensure smooth transition between outgoing and incoming executive. 	<ul style="list-style-type: none"> Continue to support teachers across NZ to establish or maintain clusters. Encourage contributions from members to the NZHEA newsletter. Identify and address governance PLD needs of executive members. 	<ul style="list-style-type: none"> Continue to support teachers across NZ to establish or maintain clusters. Continue to encourage contributions from members to the NZHEA newsletter. Establish executive nominations and election process early 2025 (for new executive in place by July). Ensure smooth transition between outgoing and incoming executive.